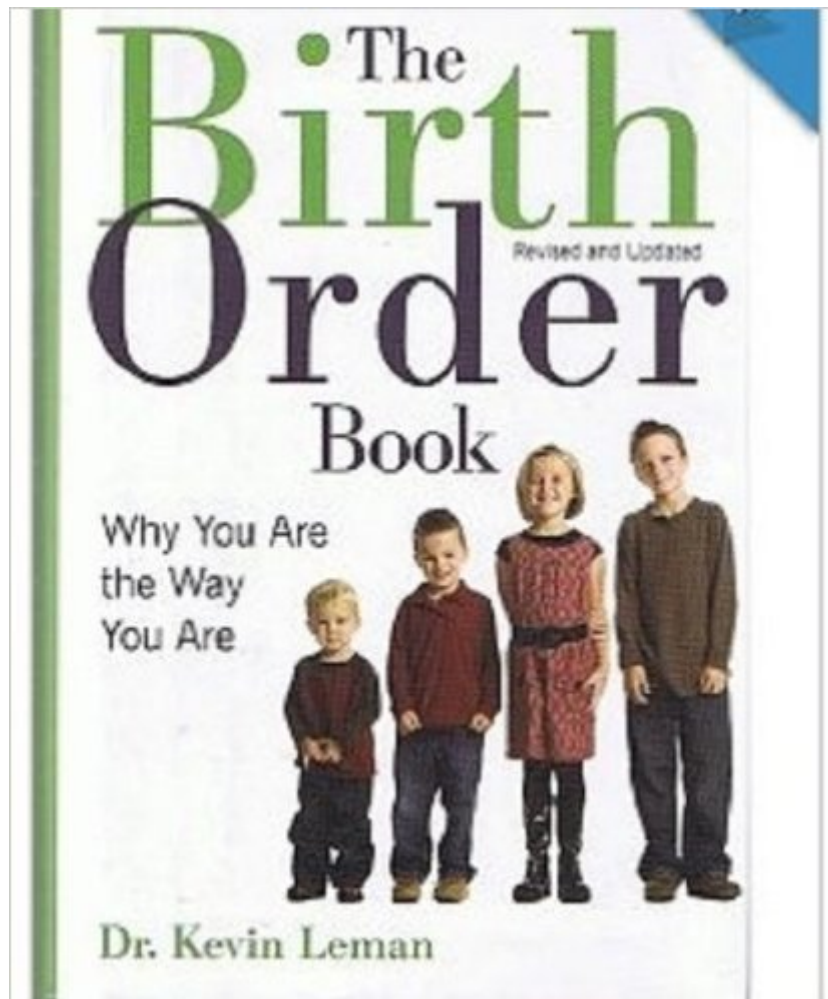


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# The Birth Order Book: Why You Are The Way You Are, Revised & Updated Edition



## Synopsis

Dr. Leman's ever popular book on birth order is ready for a new generation of readers. With insight and wit, Dr. Leman offers readers a fascinating and often funny look at how birth order affects personality, marriage and relationships, parenting style, career, and children. Whether at home or on the job, birth order powerfully influences the way people interact with others. This is a great book for anyone who wants to learn more about how they react to their world. Dr. Leman even shows readers how to overcome ingrained tendencies they never thought they'd be rid of, all by focusing on their birth order

## Book Information

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Language: English

ISBN-10: 1606710710

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Product Dimensions: 8.4 x 5.4 x 1.1 inches

Shipping Weight: 13.6 ounces

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (328 customer reviews)

Best Sellers Rank: #354,405 in Books (See Top 100 in Books) #128 in [Books > Parenting & Relationships > Family Relationships > Siblings](#) #989 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Counseling](#) #1003 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Personality](#)

## Customer Reviews

This book is a general overview of Leman's beliefs about birth order, personality development, and family relationships. It is organized into 5 parts: introduction, first-borns, later-borns, marriage and birth order, and parenting and birth order. At the end of the book are end-note references and a short list of other works by Dr. Leman, as well as his contact information if you would like to schedule him for a speaking engagement. Leman summarizes his own and others' work on birth order and personality development. He claims that first-borns and only children tend to be well-organized and reliable perfectionists, middle-borns loyal and independent mediators, and last-borns charming and manipulative people persons, and that these characteristics can be traced directly to the family dynamics resulting from the addition of each individual child to the family. He notes that while many readers or attendees to his seminars may be reluctant to go along with these

generalizations, he observes that specific birth orders tend to be over-represented in certain professions, such as first-borns as academic architects and last-borns as used car sales people. He notes that first-borns tend to seek professional counseling more often than others because they are such stressed-out perfectionists, and that middle-borns tend to grow up to be relatively well-adjusted (perhaps because they had ample opportunities to learn to deal with unfairness as youngsters). In each of his descriptive chapters, he offers self-help advice for a happier approach to daily life.

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